

EXPLORE EUROPE



Get to know a new
country and gain job
experience at the same
time!



REQUEST A FREE CONSULTATION TODAY!



@moveonhh



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MOVE ON! YOUR CHANCE IN EUROPE

Ein Praktikum in einer
dieser Städte machen:

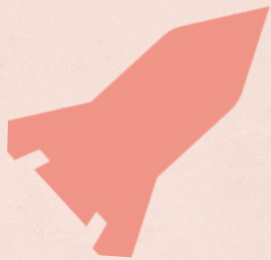
Sevilla, Spanien
Palermo, Italien
Heraklion, Griechenland
Perpignan, Frankreich

**Arbeit und
Leben**

HAMBURG

YOU...

- are between the ages of 18 and 29?
- are currently not working or in school?
- live in Hamburg, Germany?



WE...

- support you every step of the way
- search an internship for you
- prepare you in seminars and language workshops
- accompany you abroad
- organize:
 - travel
 - housing
 - insurance
 - allowance

We take care of the costs!

THE PROJECT...

is a cooperation between Arbeit und Leben DGB/VHS Hamburg e.V., gsm GmbH, the German employment office and the social security authority of Hamburg.

Social benefits such as citizen's allowance and unemployment benefits can continue to be paid during the internship.

The support provided by the program is not offset against the benefits received.

FUNDING



Das Projekt „Move On! Deine Chancen in Europa“ wird im Rahmen des Programms „JUVENTUS: Mobilität stärken – für ein soziales Europa“ durch das Bundesministerium für Arbeit und Soziales und die Europäische Union über den Europäischen Sozialfonds Plus (ESF Plus) gefördert.

